

Venue for Lectures (Day 1) : Health Promotion Board, Auditorium, Level 7  
 Venue for Lectures (Day 2&3) : SGH Postgraduate Medical Institute, Blk 6 Level 1  
 Venue for Cadaver Dissection : Clinical Skills Laboratory, Dept of Experimental Surgery, Blk 9 Level 2  
 Venue for Optional Workshops (CPAP & PSG) : SGH Void Deck, Blk 6 Level 9

### Day 1: Saturday, 1<sup>st</sup> November 2008

Time	Programme	Speaker
0700 – 0800	Registration	
0800 – 0810	Opening Address	Dr Ong Thun How
	<b>Chairperson :</b>	<b>Dr Ong Thun How</b>
0810 – 0830	From Snoring to Sleep Apnoea: An Overview of Sleep Disordered Breathing in an Asian Population	Prof Chol Shin
0830 – 0850	Overview of Sleep and Sleep Disorders	Dr Ong Thun How
0850 – 0915	Introduction to PSG and other diagnostic investigations	Dr Lim Li Ling
0915 – 0925	Q & A	
0925 – 0950	Tea Break	
0950 – 1030	Epidemiology, Pathogenesis and Clinical Implications of OSA	Prof Chol Shin
1030 – 1110	Assessment of a Suspected OSA Patient	Prof Richard Goode
1110 – 1120	Q & A	
1120 – 1150	General Overview of Treatment of OSA. Medical Approach to OSA: Positive Airway Pressure	Dr Constance Lo
1150 – 1210	Dental Approach to the Management of OSA	Dr Poon Kee Hoon
1210 – 1230	Surgical Approach to Management of OSA	Dr Ignatius Mark
1230 – 1240	Q & A	
1240 – 1330	Lunch	
1330 – 1350	What is the Practice of Paediatric Sleep Medicine?	Dr Arthur Teng
1350 – 1410	The Sleepy Child	Dr Arthur Teng
1410 – 1430	Paediatric OSAHS – An Underdiagnosed Entity	Dr Jenny Tang
1430 – 1450	Morbidity of Paediatric Sleep Apnoea and Treatment Options	Dr Chng Seo Yi
1450 – 1510	Dentofacial Growth and Characteristics of Children with Sleep-Related Breathing Disorders	Dr Mimi Yow
1510 – 1520	Q & A	
1520 – 1540	Tea Break	
1540 – 1730	*Continuous Positive Airway Pressure (CPAP) Workshop	

*\*Optional workshop. Registration required.*

### Day 2: Sunday, 2<sup>nd</sup> November 2008

Time	Programme	Speaker(s)
0745 – 0800	Registration	
0800 – 0820	How to Interpret a PSG report	Dr Ignatius Mark
0820 – 0840	Endoscopic Evaluation of the Airway	Dr Hsu Pon Poh
0840 – 0900	Radiographic Analysis of the Airway	A/Prof Kim Sung Wan
0900 – 0920	Paediatric OSA – Airway Assessment	Dr Rayleigh Chiang
0920 – 0940	Paediatric OSA – Surgical Treatment	Dr Rayleigh Chiang
0940 – 1000	Decision Algorithm for Surgery	Prof Richard Goode
1000 – 1010	Q & A	
1010 – 1030	Tea Break	
1030 – 1050	The Nose in OSA	Prof Soichiro Miyazaki
1050 – 1110	Minimally Invasive Treatment of the Inferior Turbinate	Dr Michael Sarte
1110 – 1130	Radiofrequency Treatment of the Airway	A/Prof Kim Sung Wan
1130 – 1150	Other Minimally Invasive Procedures for Snoring & Mild OSA	Dr Michael Sarte
1150 – 1200	Q & A	
1200 – 1220	Uvulopalatopharyngoplasty	Dr Michael Sarte
1220 – 1240	Variations of Palate Surgery	Dr Adrian Saurajen
1240 – 1300	Palatal Surgery after Uvulo Palatopharyngoplasty / Tonsillectomy	Dr Adrian Saurajen
1300 – 1350	Lunch Symposium (Olympus)	
1350 – 1400	Transition to Dissection	
1400 – 1700	Dissection / *Polysomnography (PSG) Workshop	

\* Optional workshop. Registration required.

### Day 3: Monday, 3<sup>rd</sup> November 2008

Time	Programme	Speaker(s)
0745 – 0800	Registration	
0800 – 0820	Lingual Tonsillectomy	Dr Adrian Saurajen
0820 – 0840	Tongue Base Suture	Prof Richard Goode
0840 – 0900	Glossectomy & Submucosal Lingual Excision	Dr Ignatius Mark
0900 – 0920	Hyoid Suspension	A/Prof Kim Sung Wan
0920 – 0940	Genioglossus Advancement	Dr Ignatius Mark
0940 – 1000	Controversies in OSA	Prof Richard Goode
1000 – 1010	Q & A	
1010 – 1030	Tea Break	
1030 – 1050	Maxillomandibular Advancement	Dr Eric Lye Kok Weng
1050 – 1110	Modified Maxillomandibular Advancement	Dr Goh Yau Hong
1110 – 1130	Failures after OSA surgery	Dr Goh Yau Hong
1130 – 1140	Q & A	
1140 – 1200	Anaesthesia for OSA	Dr Ruban Poopalalingam
1200 – 1220	Surgical Risk Management	Dr Dennis Lee
1220 – 1240	Future Advances in OSA Management	Prof Richard Goode
1240 – 1300	Case Discussion	
1300 – 1350	Lunch Symposium	
1350 – 1400	Transition to Dissection	
1400 – 1700	Dissection	

*Please note that the programme is correct at time of update and is subject to change without prior notice*