

Teaching Faculty

SINGAPORE GENERAL HOSPITAL

Organising Chairperson

Dr Michelle Tan
Consultant

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Pain Management Centre

Dr Tan Kian Hian
Director

Ms Cui Shu Li
Senior Principal Acupuncturist

.....

Department of Orthopaedic Surgery

Dr Benjamin Tow
Consultant

.....

Department of Physiotherapy

Ms Wong Mei Ching
Senior Physiotherapist

CME points

Application for CME points is in progress.

Complimentary car park is available for confirmed participants only, at Blk 3 Basement 2, SGH.

Secretariat



SGH Postgraduate Medical Institute
Singapore General Hospital
Block 6 Level 1, Outram Road
Singapore 169608
www.pgmi.com.sg



Multidisciplinary Pain Management Of Low Back Pain

Saturday, 21 November 2009

1.00pm – 4.30pm

SGH Postgraduate Medical Institute
Singapore General Hospital
Block 6 Level 1

Organised by:

SGH Pain Management Centre



Singapore
General Hospital
SingHealth

Visit www.sgh.com.sg

Welcome Address

Pain is not merely a sensation that patients complain of, but a multidimensional experience that they face on a daily basis. A recent survey entitled 'PainSTORY' (Pain Study Tracking Ongoing Responses for a Year), is the first of its kind to follow the impact of chronic pain on patients' lives during the course of 12 months. Participants included 294 patients in 13 European countries (United Kingdom, France, Germany, Switzerland, Italy, Spain, Ireland, Belgium, Sweden, Denmark, Finland, Netherlands, and Norway). They were suffering from nonmalignant moderate to severe chronic pain associated with osteoarthritis, back pain, osteoporosis, neuropathic pain, mixed pain, or other long-term pain. Despite a year of treatment for chronic pain, 95% of patients were still in moderate to severe pain

Given the multi dimensional nature of chronic pain, it seems appropriate to manage it in a multidisciplinary fashion. This meeting, we focus on low back pain and how a physiotherapist, an acupuncturist, a surgeon and pain physician might handle it

Dr Michelle Tan
Organising Chairperson
Consultant
Pain Management Centre
Singapore General Hospital


Time	Programme
1300	Registration & Lunch
1400	Welcome Message <i>By Dr Michelle Tan</i>
1415	Opioids In Chronic Pain <i>By Dr. Tan Kian Hian</i>
1445	Acupuncture For Low Back Pain <i>By Ms. Cui Shu Li</i>
1515	Exercises We Can Teach Our Patients <i>By Ms Wong Mei Ching</i>
1545	Surgical Management Of Spine Problems <i>By Dr. Benjamin Tow</i>
1615	Q&A
1630	The End

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REPLY SLIP

Multidisciplinary Pain Management of Low Back Pain



Saturday, 21 Nov 2009

This reply slip should reach us by 18 Nov 2009. As places are limited, we strongly encourage participants to register early. Please send the slip to:

SGH Postgraduate Medical Institute
Singapore General Hospital
Block 6 Level 1, Outram Road
Singapore 169608
Fax: 6223 9789
Email: pgmi.gpcme@sgh.com.sg

Please register the following name(s) for the programme:

1st Name : _____

Clinic / Institution: _____

MCR No.: _____

Tel : _____ Fax : _____

Email : _____

2nd Name : _____

Clinic / Institution: _____

MCR No.: _____

Tel : _____ Fax : _____

Email : _____

PLEASE NOTE

Pre-registration for this CME / CPE is REQUIRED. However, unless otherwise notified, all registrations received will be deemed as confirmed.